

PARENT UNIVERSITY 2012
FEATURING: GRATITUDE RESEARCH PIONEER
ROBERT EMMONS, PhD

WHO: Robert Emmons has been a UC Davis Professor of Psychology since 1988. Emmons has spent more than two decades researching the nature of Gratitude, its causes, and its potential consequences for human health and well-being. He has authored over 100 original publications and several books on the topic of Gratitude and is frequently quoted in international publications such as The Wall Street Journal and The New York Times.

WHAT: As one of life's most vital ingredients, **gratitude** can make a profound difference through its ability to heal, energize, and transform our lives. At the February 3rd Parent University event, Professor Emmons will draw upon recent advances in gratitude research, and teach us how scientifically validated principles can be applied to make kids (& parents) happier and more successful in every aspect of life.

WHEN: Friday, Feb 3rd, 7:00PM- 9:00PM ,

WHERE: The talk is FREE and will take place at the Brunelle Theater on the Davis High School campus.

ADDITIONAL INFORMATION: This **FREE** event brought to you by Davis PTA's & DJUSD. **No pre registration** required but seating is limited so come early **Doors open at 6pm** – delicious wraps and salads by Davis Own Gourmet Solutionz available for purchase for \$5.

QUESTIONS: Carin Lenk Sloane – carinsloane@sbcgloal.net or Jodi Liederman – jliederman@cs.com or 916-730-3413.

*Supported by Parent Education K-12 PTA's/ PTO's and the DJUSD Climate Committee.
Please refer to attached flier for additional information.*